River Valley Swim Club Code of Conduct

The following code is in effect throughout the year. Some of the items refer specifically to team travel. Additionally, anyone who, in the opinion of the coach or coaches, acts in a manner that would interfere with the travel objectives listed below, will be subject to immediate return home (**at the expense of the parent and/or swimmer**) and other punishments including barring from future travel meets or other competition, suspension from practice, or dismissal from the team. Practice and/or meet fees will not be reimbursed that are lost due to violations of this Code of Conduct.

- RVSC team members should be respectful of their peers, coaches, and parents. Any RVSC team member not acting in such a manner will be asked to change or stop that behavior. If that team member fails to comply, they will be asked to leave and disciplinary procedures will follow.
- All RVSC members must be respectful of all facility employees at OMS and any other facility hosting a RVSC affiliated event including but not limited to "away" swim meets.
- RVSC members agree to follow all instructions given by Meet officials and marshals, or by those working on behalf of a USA sanctioned meet.
- All RVSC members will refrain from any behavior that may result in the destruction or damage of any property, public or personal, at any RVSC affiliated event.
- RVSC members will refrain from any behavior that may **lead to or result in** any form of verbal abuse or violence; pushing, slapping, hitting with towels or fighting with their peers.
- RVSC will travel as a team and as individual families in order to compete with the best and further strive to seek better competition. Whether traveling as a team or a family everyone is expected to behave in an exemplary manner. The reputation of RVSC, as well as the other athletes with you, is dependent on your behavior.
- The consumption or purchase of alcohol, smoking or chewing tobacco, or use of any other illegal drug or substance, or USOC banned substance of any kind, will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same disciplinary action and probable expulsion from RVSC.
- At no times will both male and female athletes be present in the same lodging room unless a coach or chaperone is in the room or has approved the situation. This applies to RVSC members or members of any other team.
- No team member may be out of their lodging room after the assigned bed time. Permission must be obtained from the coach to leave the room past this time.
- Any room damages or theft incurred at a hotel will be at the expense of the swimmers assigned to that room, and further disciplinary action will be taken. No

loud or boisterous behavior will be tolerated in the hallways or public areas, and such behavior should be kept to a minimum in your rooms. All swimmers are encouraged to make all long distance phone calls from their personal cell phone. If a team member does not have a personal cell phone, he or she must use a personal credit card or call collect.

• All team members agree to these Rules of Conduct.

12) The coaching staff will have authority on the application of this Code of Conduct, compliance, or resulting disciplinary action. Any disciplinary action taken may be reviewed by a panel from the BOD and coaching staff.

I have reviewed these rules and requirements with my children. We recognize our responsibility to abide by the rules and requirements of the River Valley Swim Club.

Athlete

Parent or Guardian

Date

12/09